

CPR AND FIRST AID



Healthcare Provider CPR

For any medical staff personnel, medical type students, EMT's, nursing students, and nursing personnel. The course consists of airway obstruction and CPR, two person CPR, using adjunct equipment for infants, children, and adults based on the newest American Heart Association techniques. (OSHA approved)

Healthcare Provider CPR Refresher

Bi-annual update for those already certified in CPR.

Heartsaver AED CPR

CPR is an emergency procedure designed to restore life after sudden unexpected death has occurred. This basic life support training includes recognition of the early warning signs of heart attack and proper response to these symptoms. When certified you will be able to recognize respiratory arrest and perform cardiopulmonary resuscitation. CPR involves a combination of ventilation techniques and chest compressions. Proficiency in CPR requires mannequin practice supervised by certified instructors. A bi-annual refresher class is necessary to maintain CPR skills.

Heartsaver AED First Aid

Basic First Aid for the general public, business and industrial personnel. The course consists of the principles and techniques for aiding the victim until more qualified help arrives. Course also includes CPR and AED training.

Search First Aid & CPR classes. (<https://www.blackhawk.edu/Programs-Classes/Take-a-Class/Class-Search/non-credit/>)

Advanced Cardiac Life Support (ACLS)

The AHA's ACLS course builds on the foundation of lifesaving BLS skills, emphasizing the importance of continuous, high-quality CPR. Reflects

science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

The ACLS Course is designed to teach you the lifesaving skills required to be both a team member and a Team Leader in either an in-hospital or out-of-hospital setting. Because the ACLS Course covers extensive material in a short time, you will need to prepare for the course beforehand.

Pre-course Requirements (ACLS) for Initial and Recertification Courses

You should prepare for class by doing the following:

1. Review and understand the information in your *ACLS Provider Manual*. The manual must be brought to class and can be purchased at <https://shopcpr.heart.org/> ISBN : 978-1-61669-772-3
2. Review, understand, and pass the mandatory pre-course self-assessment.
3. Review, understand, and complete the mandatory pre-course work (video lessons at <https://elearning.heart.org/course> (<https://elearning.heart.org/course/>)). You must pass the pre-course self-assessment with a 70% before gaining access to the video lessons. Once you have passed the ACLS Pre-course Self-Assessment and completed the video lessons, print your certificate, and bring it with you to class.
4. Ensure that your BLS skills and knowledge are current for the resuscitation scenarios. You will be tested on adult high-quality BLS skills using a feedback manikin at the beginning of the ACLS course. You must know this in advance because you will not be taught how to do CPR or use an AED.

Pediatric Life Support (PALS) for Initial and Recertification courses

PALS course builds on the foundation of lifesaving pediatric BLS skills, emphasizing the importance of continuous, high-quality CPR. Reflects

science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

Pre-course Requirements

You should prepare for class by doing the following:

1. Review and understand the information in your *PALS Provider Manual*. The manual must be brought to class and can be purchased at: <https://shopcpr.heart.org/> ISBN : 978-1-61669-785-3
2. Review, understand, and pass the mandatory pre-course self-assessment.
3. Review, understand, and complete the mandatory pre-course work (video lessons <https://elearning.heart.org/course> (<https://elearning.heart.org/course/>)). You must pass the pre-course self-assessment with a 70% before gaining access to the video lessons. Once you have passed the PALS Pre-course Self-Assessment and completed the video lessons, print your certificate, and bring it with you to class.
4. Ensure that your BLS skills and knowledge are current for the resuscitation scenarios. You will be tested on adult high-quality BLS skills using a feedback manikin at the beginning of the ACLS Course. You must know this in advance because you will not be taught how to do CPR or use an AED.

Search First Aid & CPR classes. (<https://www.blackhawk.edu/Programs-Classes/Take-a-Class/Class-Search/non-credit/>)